

## West Kent Volunteer Centre

I love the autumn. Crisp, sunny days. Leaves turning shades of gold and brown. Cosy jumpers and boots. It's a great time to get wrap up warm, go outside and get active. We've put together some of our favourite outdoor volunteering activities to inspire you.



## Folly Wildlife Rescue

Our small group carry out management work and routine repairs in both the hospital, and on the surrounding nature reserve.

Situated on 6 acres, in the beautiful Broadwater Forest, just outside Tunbridge Wells, we are currently engaged in a 5 year project to restore the area back to its former heathland state, at the same time, creating a nature reserve to help protect the wide range of mammals, birds, reptiles, amphibians and invertebrates that live there.

Part of this work involves removing and controlling invasive species such as birch, rhododendron, bramble and ragwort, and encouraging the re-generation of native heathers and other plants. We're helped in this work by our flock of hebridean sheep, and on a sunny day, it's a great place to be.

During the quieter winter months, the team also carry out small maintenance works, such as ditch clearing, landscaping, and re-painting the outside of the hospital, so never a dull moment!

[www.follywildliferescue.org.uk/volunteering](http://www.follywildliferescue.org.uk/volunteering)



## Kent High Weald Partnership

Practical conservation projects range from coppicing, hedge laying, tree planting and woodland management in the winter, to survey work, meadow management, fencing, step and boardwalk construction in the summer.

Volunteer projects take place in many locations across the Tunbridge Wells area, ranging from Local Nature Reserves to local area of interest. All days run from 10am to 3pm. Due to our increase in sites and projects we are able to offer Thursday volunteering and Weekend wild child workouts, designed especially for families to get involved.

We are currently running a men's shed on Tuesday & Thursday afternoons and a ladies shed on Fridays.

<http://www.khwp.org.uk/volunteering>



## RSPB

Join the conservation work party to help with vital habitat management and conservation work at the Tudeley reserve.

Tasks include: Scrub clearance, Coppicing, Litter picking, Trail maintenance.

...or train as a Fungi Surveyor at Broadwater Warren, near Tunbridge Wells

Contact Alan Loweth

Tel: 01892 752430

E-mail: Alan.Loweth@rspb.org.uk

<http://www.rspb.org.uk/joinandhelp/volunteering/>



## Friend Animal Rescue

East Peckham

Regular volunteer days, Fundraising opportunities

A beautiful 10 acre site nestled in between the orchards and hop farms of rural Kent. Established in 1994 with the purchase of a small lamb at a livestock market. Marion Eaton set forth on a path that would see hundreds of animals find refuge from abuse, neglect and suffering under her care, at FRIEND.

[www.friendanimalrescue.org.uk](http://www.friendanimalrescue.org.uk)



## Bradbourne Riding for the Disabled, Sevenoaks.

Volunteers are needed to support students

They also need other volunteers to help with photography, administration, catering, gardening, events...

[contact@bradbourne-rda.org.uk](mailto:contact@bradbourne-rda.org.uk) 07914 273610

# VOLUNTEER GARDENER



**Headway West Kent is looking for a volunteer gardener.**

Someone who is happy to come along (flexible times) and do a bit of light weeding, chopping, sweeping and general tidying.

**Our centre garden is at:**

3 Culverden Park, Tunbridge Wells, Kent, TN4 9QT

**Contact Details:**

E: [info@headwaykent.org](mailto:info@headwaykent.org)

T: 01892619001



# I'M A CHARITY SHOP



## *Volunteers needed*

For a new pop up shop at Number One

Community Centre

Showfields

Tunbridge Wells

Monday-Friday, 9am-3pm, flexible shifts

**Great customer service**

**Confident with money**

**Community focus**

volunteering@imago.community 01892 530330



**Free, impartial, advice service**

**Debt advice**

**Local community**

***Train as a volunteer advisor***

Find out more <http://www.pwadvice.org/about-us/4582440094v>

# Join the Witness Service team

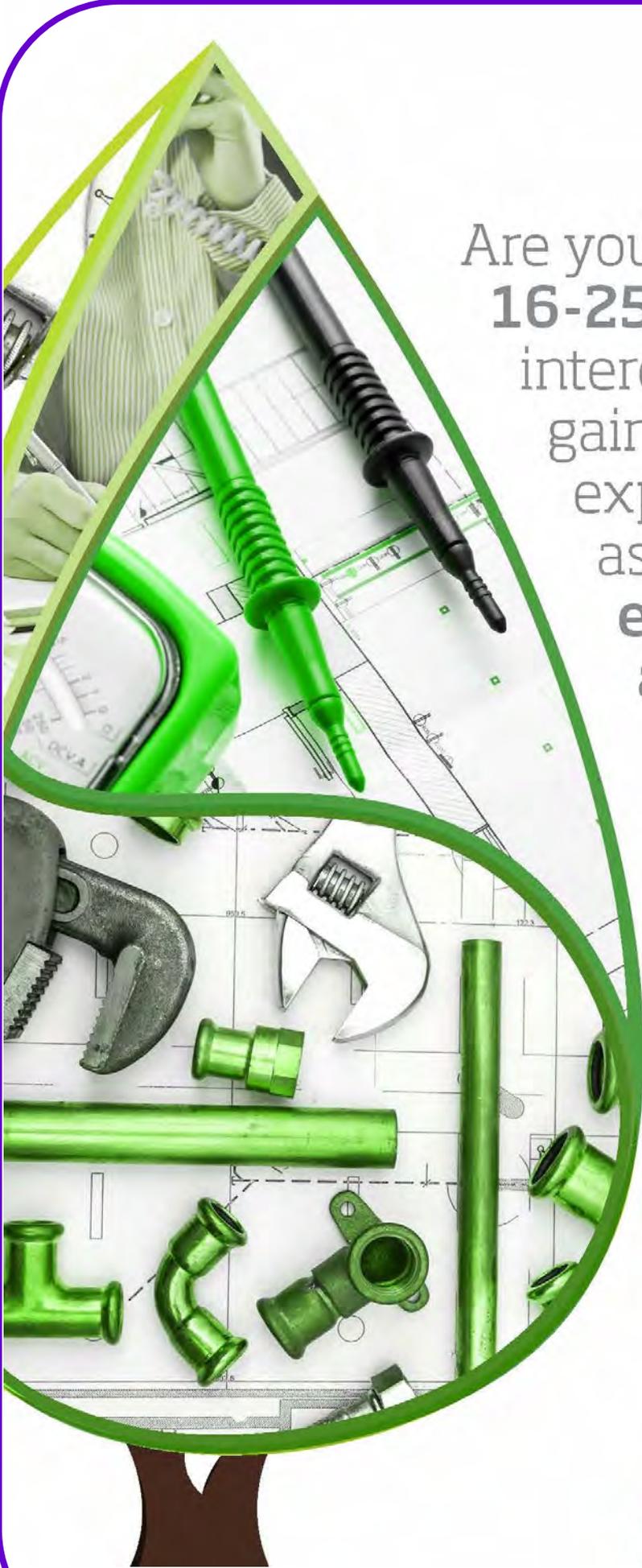


**Our trained volunteers support over 15,000 witnesses every month.**

**To apply to join our team, or to find out more, please contact:**

**citizens  
advice**

Ben Robinson  
(Team Leader - Volunteer development)  
Tel: 0300 332 1202  
Email: [ben.robinson@citizensadvice.org.uk](mailto:ben.robinson@citizensadvice.org.uk)



Are you  
**16-25** and  
interested in  
gaining valuable  
experience  
as a **plumber,**  
**electrician** or  
**administrator?**

Southern Housing  
Group is offering 12  
week volunteering  
placements  
- a fantastic  
opportunity that  
may help you get  
started on an  
inspiring new  
career.

If you'd like to know more,  
get in touch with  
**Marian Patterson** at  
[marian.patterson@shgroup.org.uk](mailto:marian.patterson@shgroup.org.uk)  
or 0800 169 5419.

# Volunteers wanted

to help at a local craft club  
for visually impaired people



Find out more call:

Jo Wilkinson 01622 691357

**Supporting sight impaired people  
to live independent lives**

Kent Association for the Blind is a registered charity no. 1062354



**Kent  
Association  
for the  
Blind**

## VOLUNTEERS NEEDED

Good Neighbours is a local Christian charity delivering Falls Prevention exercise classes at Tonbridge Baptist Church.

Volunteers are needed to welcome our older clients and support the instructor as they exercise.

Do you have an hour and a half on a Thursday morning to spare? If so, we look forward to hearing from you. Full training provided.



For more details contact:  
Sarah Warren on **01892 510200**  
[falls@goodneighbourproject.org.uk](mailto:falls@goodneighbourproject.org.uk)

# Interested in Volunteering?



Volunteers and staff play crosswords with clients at Dementia Cafe Sevenoaks

Volunteering provides a wealth of benefits including meeting new people and learning new skills. By volunteering with Alzheimer's Society you can get involved in a wide range of work such as research, campaigning, fundraising and services.

In West Kent we need volunteers for the:

- Dementia café - Sevenoaks, West Malling
- Peer support group - Otford
- Day support service - Pembury, Tunbridge Wells, Maidstone

To find out more visit our website: [www.alzheimers.org.uk](http://www.alzheimers.org.uk)

Or call Rosie Hutchinson Volunteering Officer on: **01892 835541**



# Join our new team

Can you offer your time each week to help someone in your community get out and about?

We're looking for dedicated volunteers to support an exciting new project that aims to help people improve their mental health and wellbeing.

**Where:** Ashford, Canterbury and Tonbridge.

**When:** April start. Training provided.

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To find out more, contact us on:  
[volunteers@shaw-trust.org.uk](mailto:volunteers@shaw-trust.org.uk)  
0300 247 2222



Shaw Trust is a national charity  
that transforms people's lives.  
[www.shaw-trust.org.uk](http://www.shaw-trust.org.uk)



[@shawtrust](https://twitter.com/shawtrust)

[facebook.com/shawtrust](https://facebook.com/shawtrust)



## **We're Recruiting Volunteer Duty Managers**

We currently have 12 Duty Managers volunteering at Trinity, with over 140 ushers encompassing people from all backgrounds and professions, with ages ranging from 16 to 60+.

If you are confident, friendly and reliable with an interest in arts management then duty managing may be for you! Your responsibility would be to manage the ushers during performances, to work in conjunction with the Front of House Manager, to provide a high level of efficient and welcoming customer service for all front of house activities, and to take the lead on emergency procedures and situations.

If you would like to learn more about the role or any other volunteer opportunities at Trinity, please email [Jocelyn@trinitytheatre.net](mailto:Jocelyn@trinitytheatre.net) or call 01892 500 674.

**Become a volunteer today...**

# Make this year, the year YOU become...

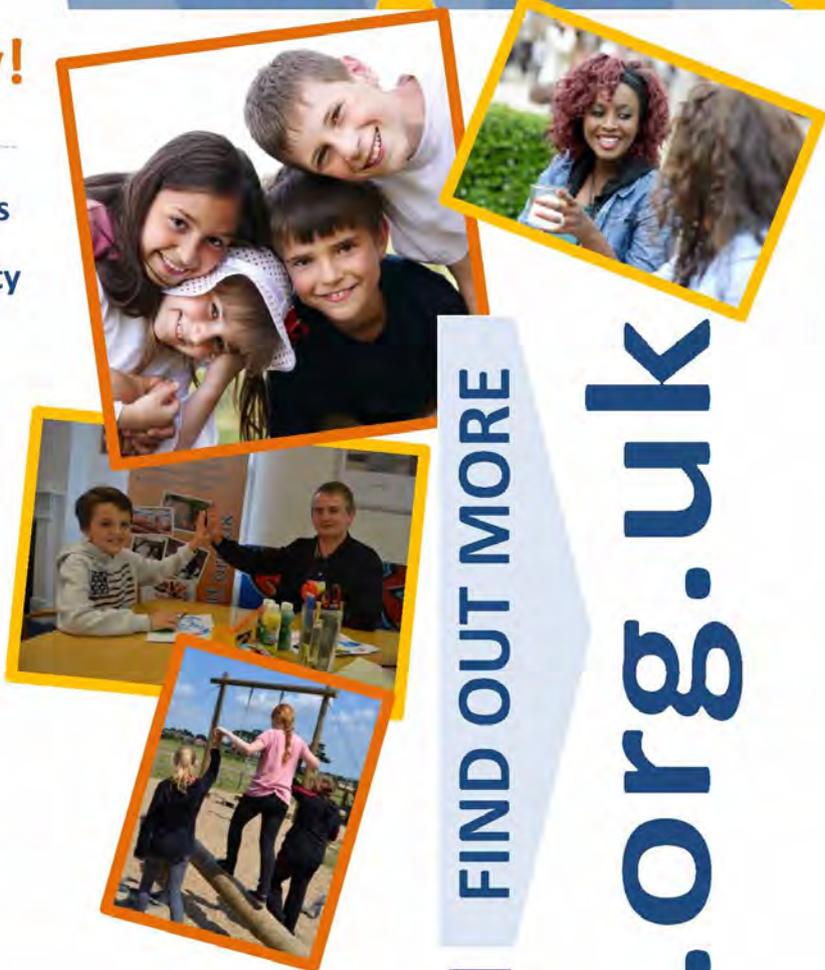
## Volunteer for a young person in your community!

The Young Lives Foundation is  
a Kent-based children's charity  
looking for HEROES to reach  
out and support vulnerable  
children and young people!

**MAKE A DIFFERENCE**

**CHANGE A LIFE**

**BE SOMEONE'S HERO!**



**FIND OUT MORE**

# ylf.org.uk



**Making a Difference**



01622 693459 | [www.ylf.org.uk](http://www.ylf.org.uk) | [volunteering@ylf.org.uk](mailto:volunteering@ylf.org.uk)

[facebook.com/ylf.org.uk](https://facebook.com/ylf.org.uk) | [twitter.com/ylfcharity](https://twitter.com/ylfcharity)

The Young Lives Foundation is a company limited by guarantee with charitable status. Registered in England & Wales Company No 5999166. Registered Charity No 1119528

## DIAL 2 DRIVE

Volunteer drivers undertake extremely valuable community work  
They help people unable to access public transport attend medical  
and social appointments, while at the same time help prevent  
isolation and loneliness

Find out more

<http://www.imago.community/dial2drive/volunteer>



To find out more about volunteering in your local community, please get  
in touch. We offer one-to-one support to find the right  
volunteering opportunity for you



@Volunteering\_WK



VolunteeringWK

[volunteering@imago.community](mailto:volunteering@imago.community)

01892 530330

[www.imago.community](http://www.imago.community)